**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for October 1-5, 2018

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

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| \*This institution is an equal opportunity provider. | MondayOctober 1st  | TuesdayOctober 2nd  | WednesdayOctober 3rd  | ThursdayOctober 4th  | FridayOctober 5th  |
| Breakfast | Kellogg’s Crispix CerealPeaches  | Scrambled Eggs w/ Shredded Cheese*Alternate – Dairy-free Cheese**Alternate – String Cheese*Pears | WG Pancake Bites w/ Maple Syrup*Alternate: Dairy-free Waffle*Applesauce | Corn Flakes CerealPeaches | Homemade Banana Bread w/ Butter*Alternate: Dairy-free Muffin*Chef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Baked Chickenw/ BBQ SauceButtered Noodles*Alternate: Soy Butter*Cheesy Cauliflower*Alternate: No Cheese*Fresh Apple Slices(Under 2: Diced Apples)(Under 1: Applesauce) | Meatballs w/ Gravy Over Rice*Alternate – Turkey/Dairy-free Meatballs*Steamed CarrotsSliced Grapes | Pizza Skillet(Ground Beef, Pepperoni, Marinara, Tomatoes, Pasta, Cheese)*Alternate: Ground Turkey**Alternate: Dairy-free Cheese*WG Dinner Roll w/ Butter*Alternate: Dairy-free Bread*Green Beans Tropical Fruit(Under 1: Pears) | Chef Salad(Romaine Lettuce, Cheese, Egg, Diced Ham, Bacon Bits, French Dressing)(Under 1: Ham, Egg, Cheese, Squash)*Alternate: Dairy-free Cheese*WG Garlic Breadstick*Alternate: Dairy-free Bread*Pears | Cheese Quesadilla w/ Sour Cream & Taco Sauce*Alternate: Dairy-free-Cheese*Cucumber Slices w/ Dill Dip(Under 2: Peas)Fresh Watermelon**Ms. Jamie’s Favorite Lunch!**  |
| **Snack** | WG Cheez-ItsAlternate: Ritz CrackersHoney Ham Stick(Under 2: String Cheese) | WG Soft Pretzel w/ Cheese Sauce | Homemade Banana Chocolate Chip Muffin(Under 2: Butterscotch Chip Muffin)*Alternate: Dairy-free Muffin* | Fresh Cantaloupe w/ Yogurt Dip | Ritz Crackers w/ Taco Dip |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****