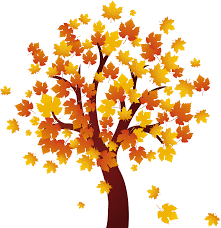
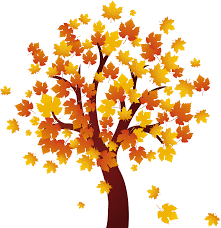
**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for October 1-5, 2018

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| \*This institution is an equal opportunity provider. | MondayOctober 1st | TuesdayOctober 2nd | WednesdayOctober 3rd | ThursdayOctober 4th | FridayOctober 5th |
| Breakfast | Kellogg’s Crispix Cereal  Peaches | Scrambled Eggs  w/ Shredded Cheese  *Alternate – Dairy-free Cheese*  *Alternate – String Cheese*  Pears | WG Pancake Bites  w/ Maple Syrup  *Alternate: Dairy-free Waffle*  Applesauce | Corn Flakes Cereal  Peaches | Homemade Banana Bread w/ Butter  *Alternate: Dairy-free Muffin*  Chef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Baked Chicken  w/ BBQ Sauce  Buttered Noodles  *Alternate: Soy Butter*  Cheesy Cauliflower  *Alternate: No Cheese*  Fresh Apple Slices  (Under 2: Diced Apples)  (Under 1: Applesauce) | Meatballs w/ Gravy  Over Rice  *Alternate – Turkey/Dairy-free Meatballs*  Steamed Carrots  Sliced Grapes | Pizza Skillet  (Ground Beef, Pepperoni, Marinara, Tomatoes, Pasta, Cheese)  *Alternate: Ground Turkey*  *Alternate: Dairy-free Cheese*  WG Dinner Roll w/ Butter  *Alternate: Dairy-free Bread*  Green Beans  Tropical Fruit  (Under 1: Pears) | Chef Salad  (Romaine Lettuce, Cheese, Egg, Diced Ham, Bacon Bits, French Dressing)  (Under 1: Ham, Egg, Cheese, Squash)  *Alternate: Dairy-free Cheese*  WG Garlic Breadstick  *Alternate: Dairy-free Bread*  Pears | Cheese Quesadilla  w/ Sour Cream & Taco Sauce  *Alternate: Dairy-free-Cheese*  Cucumber Slices  w/ Dill Dip  (Under 2: Peas)  Fresh Watermelon  **Ms. Jamie’s Favorite Lunch!** |
| **Snack** | WG Cheez-Its  Alternate: Ritz Crackers  Honey Ham Stick  (Under 2: String Cheese) | WG Soft Pretzel  w/ Cheese Sauce | Homemade Banana Chocolate Chip Muffin  (Under 2: Butterscotch Chip Muffin)  *Alternate: Dairy-free Muffin* | Fresh Cantaloupe  w/ Yogurt Dip | Ritz Crackers  w/ Taco Dip |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****