**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for October 2nd-6th

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

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| \*This institution is an equal opportunity provider. | MondayOctober 2nd | TuesdayOctober 3rd | WednesdayOctober 4th | ThursdayOctober 5th | FridayOctober 6th |
| Breakfast | Toasted Oats Cereal  Applesauce | Peach Parfait  (Yogurt, Homemade Granola, Peaches)  *Alternate: Almond Yogurt* | Whole Wheat Bagel w/ Cream Cheese  Pears | Pancakes w/ Syrup  *Alternate: Dairy-free Waffle*  Banana | Crisp Rice Cereal  Chef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Sloppy Joe on a Whole Grain Bun  *Alternate: Chicken Patty*  Steamed Mixed Vegetables  Pineapple  (Under1: Pears) | Chef Salad  (Diced Ham, Diced Egg, Shredded Cheese, Bacon Bits, Romaine Lettuce)  (Under 1: Ham, Cheese, Steamed Zucchini)  Whole Grain Garlic Toast  *Alternate: Dairy-free Bread*  Fresh Apple Slices  (Under 2: Applesauce) | Beef & Bean Burritos w/ Lettuce, Shredded Cheese, Sour Cream, Taco Sauce  *Alternate: Diced Chicken*  Green Beans  Mandarin Oranges  (Under 1: Peaches) | Oven Baked Parmesan Chicken w/ Honey Mustard  Whole Wheat Dinner Roll w/ Butter  Peaches  Steamed Carrots | Macaroni & Cheese w/ Diced Ham  *Alternate: Macaroni Noodles w/ Dairy-free Cheese*  Whole Grain Breadstick w/ Butter  Fresh Broccoli w/ Dill Dip  Tropical Fruit  (Under 1: Peaches) |
| **Snack** | Yogurt Cup  w/ Sprinkles  *Alternate: Almond Yogurt* | Ritz Crackers  Cheese Slice  *Alternate: Dairy-free Cheese* | Graham Crackers  w/ Yogurt Dip | Cheez-Its  Honey Ham Stick  (Under 2: String Cheese)  *Alternate: Ritz Crackers/Dairy-free Cheese* | Applesauce Puffs  *Alternate: Dairy-free Muffin* |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****