**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for October 2nd-6th

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

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| \*This institution is an equal opportunity provider. | MondayOctober 2nd  | TuesdayOctober 3rd  | WednesdayOctober 4th  | ThursdayOctober 5th  | FridayOctober 6th  |
| Breakfast | Toasted Oats CerealApplesauce | Peach Parfait(Yogurt, Homemade Granola, Peaches)*Alternate: Almond Yogurt* | Whole Wheat Bagel w/ Cream CheesePears | Pancakes w/ Syrup*Alternate: Dairy-free Waffle*Banana  | Crisp Rice CerealChef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Sloppy Joe on a Whole Grain Bun*Alternate: Chicken Patty*Steamed Mixed VegetablesPineapple(Under1: Pears) | Chef Salad(Diced Ham, Diced Egg, Shredded Cheese, Bacon Bits, Romaine Lettuce)(Under 1: Ham, Cheese, Steamed Zucchini)Whole Grain Garlic Toast*Alternate: Dairy-free Bread*Fresh Apple Slices(Under 2: Applesauce) | Beef & Bean Burritos w/ Lettuce, Shredded Cheese, Sour Cream, Taco Sauce*Alternate: Diced Chicken*Green BeansMandarin Oranges(Under 1: Peaches) | Oven Baked Parmesan Chicken w/ Honey MustardWhole Wheat Dinner Roll w/ ButterPeachesSteamed Carrots | Macaroni & Cheese w/ Diced Ham*Alternate: Macaroni Noodles w/ Dairy-free Cheese*Whole Grain Breadstick w/ ButterFresh Broccoli w/ Dill DipTropical Fruit(Under 1: Peaches) |
| **Snack** | Yogurt Cupw/ Sprinkles*Alternate: Almond Yogurt* | Ritz CrackersCheese Slice*Alternate: Dairy-free Cheese* | Graham Crackers w/ Yogurt Dip | Cheez-ItsHoney Ham Stick(Under 2: String Cheese)*Alternate: Ritz Crackers/Dairy-free Cheese*  | Applesauce Puffs*Alternate: Dairy-free Muffin* |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****