**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for September 18th-22nd

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

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| \*This institution is an equal opportunity provider. | MondaySeptember 18th  | TuesdaySeptember 19th  | WednesdaySeptember 20th  | ThursdaySeptember 21st  | FridaySeptember 22nd  |
| Breakfast | Life CerealApplesauce | Biscuit w/ Butter and Jelly*Alternate – English Muffin*Peaches | Scrambled Eggs w/ Shredded Cheese*Alternate – Dairy-free Cheese**Alternate – String Cheese*Pears | Blueberry Parfait(Blueberries, Yogurt, Homemade Granola)*Alternate – Dairy-free Yogurt* | Apple Frudel*Alternate – Dairy-free Waffle*Chef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Chicken Patty on a Bun w/ Cheese and BBQ SauceSteamed Mixed Vegetables Pears | Meatballs w/ Gravy *Alternate – Turkey Meatballs**Alternate – Veggie Burger* Mashed Potatoes*Alternate – Steamed Broccoli*Dinner Roll w/ Butter*Alternate – Dairy-free Bread*Tropical Fruit(Under 2: Pears) | Hot Roast Beef and Mozzarella Sub SandwichAlternate – Dairy-free CheeseGreen BeansFresh Apple Slices(Under 2: Applesauce) | Chili w/ Shredded Cheese*Alternate – Dairy-free Cheese*Saltine CrackersSteamed CarrotsPineapple(Under 1: Peaches) | Chicken Tacos w/ Shredded Cheese, Sour Cream, Lettuce, & Taco SauceFresh Cauliflower w/ Dill Dip(Under 2 : Steamed Cauliflower)Mandarin Oranges(Under 2: Pears) |
| **Snack** | Scooby Cinnamon Snack Sticks | String Cheese*Alternate – Dairy-free Cheese*Goldfish Crackers*Alternate – Ritz Crackers* | Pita Wedgesw/ Cucumber Dip(Under 2: No Cucumber)*Alternate – Tortilla w/ Dairy-free Cheese* | Cinnamon Oat RoundAlternate – Dairy-free Cookie | Soft Pretzel w/ Cheese SauceAlternate – Honey Mustard |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****