**Wausau Child Care, Inc.**

Westside, Franklin, and Cedar Creek Center

Menu for September 25th-29th

**Wausau Child Care’s Menu Meets CACFP Program Requirements**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| \*This institution is an equal opportunity provider. | MondaySeptember 25th  | TuesdaySeptember 26th **Johnny Appleseed Day!** | WednesdaySeptember 27th  | ThursdaySeptember 28th  | FridaySeptember 29th   |
| Breakfast | Golden Grahams CerealPears | Cinnamon Roll w/ Frosting*Alternate: Dairy-free Waffle*Peaches | Hard Boiled EggWheat Toast w/ Butter and JellyApplesauce | Corn Puffs CerealBanana | Homemade Blueberry Muffin w/ Butter*Alternate: Dairy-free Muffin*Chef’s Choice Fruit |
| AM Snack |  |  |  |  |  |
| Lunch | Chicken Strips w/ BBQ Sauce *Alternate: Chicken Nuggets*Dinner Roll w/ Butter*Alternate: Dairy-free Bread*Green BeansTropical Fruit(Under 1: Peaches) | Hot Ham & Cheddar Croissant w/ Honey Mustard(Under 1: No Honey Mustard)*Alternate: Turkey**Alternate: Ham & Dairy-free Cheese on Dairy-free Bun*Fresh Apple Slices(Under 2: Applesauce)Steamed Carrots | Lasagna Casserole(Ground Beef, Marinara, Pasta, Cheese)*Alternate – Ground Turkey*Garlic Breadstick Steamed CauliflowerMandarin Oranges(Under 1: Peaches) | Build Your OwnMashed Potatoes (Mashed Potatoes, Diced Ham, Shredded Cheese, Butter, Sour Cream)Whole Wheat Bread w/ ButterPears | Stir Fry over Rice(Carrots, Broccoli, Chicken, Homemade Sauce)Pineapple(Under 1: Pears) **Ms. Leah’s Favorite Lunch!** |
| **Snack** | Vanilla Wafers*Alternate: Graham Crackers*Pumpkin Dip | Apple Pie in a Cup(Yogurt, Applesauce, & Cinnamon Sugar)*Alternate: Almond Yogurt* | Caramel Crispix Snack Mix*Alternate: Animal Crackers* | Vanilla Yogurt*Alternate: Almond Yogurt*Homemade Granola | Cheese Cubes*Alternate: Dairy-free Cheese*Saltine Crackers |
| **PM Snack** |  |  |  |  |  |

***1% or skim, unflavored milk is served to children ages 2 and older. Whole, unflavored milk is served to 1 year olds***

***\*All meal alternates are for children with food allergies\****